



BIOMONITOR IV Technical Manual

BIOMONITOR IV Injectable Cardiac Monitor

Radiopaque Identification

A radiopaque identification code is visible on standard X-ray, and identifies the injectable cardiac monitor:

BIOMONITOR IV



CAUTION

Federal (U.S.A.) law restricts this device to sale by, or on the order of, a physician (or properly licensed practitioner).

© 2023 BIOTRONIK, Inc., All rights reserved.

Contents

Chap	oter 1: Device Description	1
Chap	oter 2: Indications	3
Chap	oter 3: Contraindications	5
Chap	oter 4: Warnings and Precautions	7
4.1	MR SAFETY INFORMATION	7
	4.1.1 Patient Pre-MR Conditions	8
	4.1.2 MR Scanner Limitations	8
	4.1.3 Restrictions during the MR Scan	8
4.2	Implanted Pacemakers and Defibrillators	9
4.3	Medical Therapy	9
44	Storage and Handling	10
4.5	10	
4.5	4.5.1. Home and Occupational Environments	10
	4.5.2 Cellular Phones	11
	4.5.3 Hospital and Medical Environments	12
4.6	Home Monitoring	12
4.7	Insertable Cardiac Monitor Explant and Disposal	13
Chap	oter 5: Programmable Parameters	15
5.1	Parameters	15
	5.1.1 ProgramConsult	16
	5.1.2 Atrial Fibrillation (AF)	18
	5.1.3 Tachycardia	23
	5.1.4 Bradycardia	24
	5.1.5 Sudden Rate Drop (SRD)	25
	5.1.6 Pause Duration	26
	5.1.7 Symptom	27
	5.1.8 Resting Rate Period	27

5.2	Home Monitoring (HM)	28
	5.2.1 HM PID	28
	5.2.2 Home Monitoring	28
	5.2.3 Time of Transmission	28
	5.2.4 Periodic Subcutaneous Electrocardiogram (sECG)	28
	5.2.5 Daily Presenting Electrocardiogram (sECG)	29
	5.2.6 Last Message	29
	5.2.7 Episode Recording/Transmission	29
5.3	Sensing Settings	31
	5.3.1 SensingConsult	32
	5.3.2 Sensing High-Pass Filter	33
	5.3.3 Input Signal Polarity	33
	5.3.4 Input High-Pass Filter	34
5.4	Patient Data	34
	5.4.1 ID	34
	5.4.2 First / Last Name	34
	5.4.3 Date of Birth	34
	5.4.4 Gender	35
	5.4.5 Date of Implant	35
	5.4.6 Hospital, City	35
	5.4.7 Physician	35
	5.4.8 NYHA	35
	5.4.9 Symptom	36
	5.4.10 Etiology	36
	5.4.11 Remark	36
Chap	ter 6: Diagnostics	37
6.1	Diagnostics Overview	37
6.2	General Statistical Information	37
6.3	Activity	37
	6.3.1 Rate Trends	38
	6.3.2 Rate Histogram	38
	6.3.3 Activity Trend	39
6.4	AF Details	39
	6.4.1 AF Trends	39
	6.4.2 AF Time of Occurrence	40
	6.4.3 AF Duration	40
	6.4.4 Ventricular Rate During AF	41
	6.4.5 Ectopy count	41

6.5	Sensing	42
	6.5.1 R-wave Trend	42
	6.5.2 Noise Duration Trend	42
Chap	ter 7: Other Functions/Features	43
7.1	Home Monitoring	43
7.2	Transmission of Information to Home Monitoring	43
7.3	Types of Report Transmissions	44
7.4	Description of Transmitted Data	44
7.5	Evaluation of Episodes with SmartECG	45
7.6	Patient Data Memory	47
7.7	Position Indicator	48
Chap	ter 8: Product Storage and Handling	49
8.1	Sterilization and Storage	49
Chap	ter 9: Follow-up Procedures	51
9.1	General Considerations	51
9.2	Real-time sECG Display	51
9.3	Follow-up Page	51
9.4	Recordings	52
9.5	sECG	53
	9.5.1 Atrial Fibrillation	53
	9.5.2 Tachycardia	54
	9.5.3 Bradycardia	54
	9.5.4 Pause	55
	7.5.5 Symptom	55
Chap	ter 10: Elective Replacement Indication (ERI)	57
Chap	ter 11: Insertion/Removal	59
11.1	Opening the Sterile Container	59
11.2	Insertion	59
11.3	Removal	62
		02

Chapte	er 12: Remote Assistant III	63			
12.1	12.1 General Information on the Remote Assistant III 63				
12.2	Remote Assistant III Functional Testing	63			
12.3	Getting to Know the Remote Assistant III	63			
12.4	Triggering a Manual Recording	64			
12.5	Battery LED Indicator Explained	65			
12.6	Signal Transmission LED Explained	65			
Chapte	er 13: Technical Data	67			
13.1	Parameters	67			
	13.1.1 Atrial Fibrillation	67			
	13.1.2 Tachycardia	67			
	13.1.3 Bradycardia	67			
	13.1.4 Sudden Rate Drop (SRD)	68			
	13.1.5 Pause Duration	68			
	13.1.6 Symptom	68			
	13.1.7 Resting Rate Period	68			
	13.1.8 Home Monitoring	69			
13.2	Materials in Contact with Human Tissue	69			
13.3	Electrical Data/Battery	69			
13.4	Mechanical Data	69			
Chapte	er 14: Order Information	71			

This page left intentionally blank

This page left intentionally blank

Chapter 1: Device Description

BIOMONITOR IV is a programmable, subcutaneous injectable cardiac monitor able to record subcutaneous ECGs (sECGs) and other physiological parameters.

The BIOMONITOR IV is designed to automatically record the occurrence of arrhythmias in a patient. Arrhythmia may be classified as atrial fibrillation (AF), bradyarrhythmia, pause, sudden rate drop, or tachycardia. In addition, the BIOMONITOR IV can be activated by the patient to record cardiac rhythm during symptomatic episodes.

Note - The BIOMONITOR IV subcutaneous ECG may differ from a surface ECG due to differences in electrode separation and device placement in the body.

BIOMONITOR IV detects a subcutaneous ECG from a pair of electrodes. These signals are filtered in two different ways. For detection of QRS complexes, the signals are filtered with a passband of 10-40 Hz in order to suppress T-waves, artifacts, and baseline drift at low frequencies, and myopotentials and EMI at high frequencies. The resulting signal is appropriate for QRS detection as other components of the signal have been suppressed. This signal naturally does not have a typical ECG morphology due to the bandpass. For waveform display (real-time streaming sECG with the physician's programmer and snapshots for review by the physician), a different passband is utilized to retain signal features that may have diagnostic value. This passband is 0.5 – 40 Hz, which is designed to retain morphological features of a typical ECG while still rejecting large low frequency artifacts and baseline drift.

The BIOMONITOR IV system consists of three main components:

- BIOMONITOR IV insertable cardiac monitor The BIOMONITOR IV is a small, leadless device that is typically inserted under the skin, in the chest. The device uses two electrodes on the body of the device to continuously monitor the patient's subcutaneous ECG. BIOMONITOR IV can store up to 96 minutes (67 min minimum) of subcutaneous ECG (sECG) recordings from both automatically detected arrhythmias and from manually triggered symptom episodes. When a patient experiences symptoms, the sECG recordings can be manually triggered by placing the Remote Assistant III over the BIOMONITOR IV. The injectable cardiac monitor is provided preloaded in an insertion tool. An incision tool is also provided.
- 2. BIOTRONIK Renamic / Renamic Neo Programmer The programmer is used to set up the BIOMONITOR IV to detect arrhythmias. It also allows one to view, save, or print the stored information.
- 3. BIOTRONIK CardioMessenger[®] Smart is a telemetry patient device that forwards the data from the BIOMONITOR IV to BIOTRONIK's Home Monitoring Service Center.

BIOMONITOR IV may be used with BIOTRONIK Home Monitoring[®] technology, which is an automatic, wireless, remote monitoring system for management of patients with insertable cardiac monitors. When active, Home Monitoring enables the exchange of information about a patient's cardiac status from the implant to the Home Monitoring Service Center (HMSC) where the physician may log in to view the data. The HMSC can be used to provide the physician with advanced reports from the implanted device and process them into a graphical and tabular

format that is accessible via the internet platform HMSC. This information may help the physician optimize the therapy process, possibly providing earlier notification of clinically relevant events to help guide future therapy.

BIOTRONIK conducted the TRUST study to evaluate the safety and effectiveness of Home Monitoring. With the TRUST study, BIOTRONIK was able to show the following with regards to Home Monitoring:

- BIOTRONIK Home Monitoring information may be used as a replacement for device interrogation during in-office follow-up visits.
- A strategy of care using BIOTRONIK Home Monitoring with office visits when needed has been shown to extend the time between routine, scheduled in-office follow-ups of BIOTRONIK implantable devices in many patients. Home Monitoring data is helpful in determining the need for additional in-office follow-up.
- BIOTRONIK Home Monitoring provides early detection of arrhythmias.
- BIOTRONIK Home Monitoring provides early detection of silent, asymptomatic arrhythmias.
- Automatic early detection of arrhythmias and device system anomalies by BIOTRONIK Home Monitoring allows for earlier intervention than conventional in-office follow-ups.
- BIOTRONIK Home Monitoring allows for improved access to patient device data compared to conventional in-office follow-ups since device data is automatically collected and reported on a daily basis.

The implanted device's Home Monitoring function can be used for the entire operational life of the implanted device (prior to ERI).

NOTE: When ERI mode is reached, this status is transmitted and Home Monitoring[®] will be discontinued after two weeks.

Chapter 2: Indications

The BIOMONITOR IV is indicated to detect the following cardiac arrhythmias:

- Atrial fibrillation
- Bradycardia
- Sudden rate drop
- Tachycardia
- Pause

The BIOMONITOR IV is indicated for use in:

- Patients with clinical syndromes or situations at increased risk of cardiac arrhythmias
- Patients who experience transient symptoms that may suggest a cardiac arrhythmia

The device has not been tested for and it is not intended for pediatric use.

This page left intentionally blank

Chapter 3: Contraindications

There are no known contraindications for the insertion of the BIOMONITOR IV. However, the patient's particular physical or medical condition may dictate whether or not a subcutaneous, chronically inserted device can be tolerated.

This page left intentionally blank

Chapter 4: Warnings and Precautions

Consult the technical manuals for information about other devices used with the BIOMONITOR IV, including the CardioMessenger Smart or Renamic/Renamic Neo Programmer, and related accessories.

Please keep technical manuals for later use.

Certain therapeutic and diagnostic procedures may cause undetected damage to an insertable cardiac monitor (ICM), resulting in malfunction or failure at a later time. Please note the following warnings and precautions:

4.1 MR SAFETY INFORMATION



MR Conditional - The cardiac monitor is labeled and certified MR conditional.

Conditions for an MR scan are provided below. Failure to adhere to provided patient position or scan time limitations may result in excessive tissue warming during an MR scan.

Cardiac data recorded by the implanted device during an MR scan may include artifacts that are due to the MR scan and not the patient's cardiac function. Exercise care when interpreting any such data.

MR Safety Information

A person implanted with BIOMONITOR IV may be safely scanned under the following conditions. Failure to follow these conditions may result in injury.

Device Name	BIOMONITOR IV
Static Magnetic Field Strength (B_0)	1.5T or 3.0T
Maximum Spatial Field Gradient	30 T/m
RF Excitation	1.5T: Circularly Polarized (CP) 3.0T: Circularly Polarized (CP) or MC-2
RF Transmit Coil Type	Whole Body Volume Transmit Coil; Local Volume Transmit Coil limited to head or extremities
RF Receive Coil Type	There are no Receive Coil restrictions
Operating Mode	Normal Operating Mode/First Level Controlled mode
Maximum Whole-Body SAR	4 W/kg
Maximum Head SAR	3.2 W/kg
Scan Duration	Scan duration is limited to an active scan time of up to 60 minutes within any 90-minute period
MR Image Artifact	The presence of this implant may produce an image artifact

Table 1: Magnetic Resonance Imaging (MRI) Scanning Conditions

4.1.1 Patient Pre-MR Conditions

The following requirements must always be fulfilled in order to perform an MR scan using BIOTRONIK's BIOMONITOR IV:

- There are no other active or abandoned cardiac implants (e.g., lead extensions, lead adapters or abandoned leads) in the patient's body.
- Other active or passive implants are permitted if they are identified as MR conditional by the manufacturer.

NOTE: An MR scan is permitted only if the product-specific conditions are met for all implants and if no metal implantable device longer than 5 cm is in the vicinity of the BIOTRONIK cardiac monitor within a distance of less than 4 cm.

• The device is located in the patient's chest area.

4.1.2 MR Scanner Limitations

The MR scanner has to meet the following conditions:

- Use of a clinical MR system with a cylindrical bore and a static magnetic field strength of 1.5 Tesla or 3.0 Tesla
- The slew rate of the MR scanner's gradient fields should not exceed 200 T/m/s per axis.
- Local receive-only coils may be used without restriction.
- Local circularly polarized or quadrature volume transmit-only or transmit-and-receive coils are only permitted for the head (including cervical spine) and extremities.
- Local circularly polarized or quadrature transmit-only or transmit-and-receive coils are NOT permitted for the thorax (the area from the shoulders to lower ribs), pelvis, or abdominal regions.
- Maximum spatial gradient of the static magnetic field specification must be \leq 30 T/m (3,000 Gauss/cm).
- Under worst case conditions, the BIOMONITOR IV is expected to produce a maximum temperature rise of <4.5° C after 30 minutes of continuous scanning.
- Image artifact and distortion can result from the presence of the BIOMONITOR IV device within the field of view. Image artifact and distortion resulting from the presence of the device within the field of view must be considered when selecting the field of view and imaging parameters. These factors must also be considered when interpreting the MR images.

4.1.3 Restrictions during the MR Scan

The following conditions must be met during the MR scan:

- The mean specific absorption rate (SAR) for the whole body as displayed by the MR scanner must not exceed 4.0 W/kg.
- The head absorption rate displayed by the MR scanner must not exceed 3.2 W/kg.

4.2 Implanted Pacemakers and Defibrillators

The BIOMONITOR IV is not intended for use in patients with an implanted pacemaker or defibrillator. If the patient has a co-implanted pacemaker or defibrillator, the automatic detection of arrhythmic episodes in the BIOMONITOR IV may be affected by the paced heart rhythm.

4.3 Medical Therapy

Before applying one of the following procedures, a detailed analysis of the advantages and risks should be made. Following the procedures, insertable cardiac monitor function must be checked.

Therapeutic Diathermy Equipment - Use of therapeutic diathermy equipment is to be avoided for insertable cardiac monitor patients due to possible heating effects of the insertable cardiac monitor and at the implant site. If diathermy therapy must be used, it should not be applied in the immediate vicinity of the insertable cardiac monitor.

Transcutaneous Electrical Nerve Stimulation (TENS) - Transcutaneous electrical nerve stimulation may interfere with insertable cardiac monitor function and is therefore not recommended. If necessary, the following measures may reduce the possibility of interference:

- Place the TENS electrodes as close to each other as possible.
- Place the TENS electrodes as far from the insertable cardiac monitor as possible.

Defibrillation - The following precautions are recommended to minimize the inherent risk of insertable cardiac monitor operation being adversely affected by defibrillation:

- The paddles should not be placed directly over the implant.
- The paddles should be placed anterior-posterior or along a line perpendicular to the axis formed by the insertable cardiac monitor.
- The energy setting should not be higher than required to achieve defibrillation.
- After defibrillation, evaluate the BIOMONITOR IV for proper function.

Radiation - Insertable cardiac monitor electronics may be damaged by exposure to radiation during radiotherapy. To minimize this risk when using such therapy, the insertable cardiac monitor should be protected with local radiation shielding.

Lithotripsy - Lithotripsy treatment should be avoided for insertable cardiac monitor patients since electrical and/or mechanical interference with the insertable cardiac monitor is possible. If this procedure must be used, the greatest possible distance from the point of electrical and mechanical strain should be chosen (25 cm minimum) in order to minimize a potential interference with the insertable cardiac monitor.

Ablation/Electrocautery - Ablation/Electrocautery - Position the grounding pad so that the current path does not pass through or near the device. When possible, a bipolar electrocautery system should be used. After ablation or electrocautery, evaluate the BIOMONITOR IV for proper function.

Transurethral resection of the prostate - It is recommended that the cautery ground plate be placed under the buttocks or around the thigh, but not in the thoracic area where the current pathway could pass through or near the cardiac monitor.

Chapter 4 BIOMONITOR IV Technical Manual

Hyperbaric Oxygen Therapy (HBOT) - Hyperbaric oxygen therapy (HBOT) for patients with BIOTRONIK CRM devices is not recommended due to the potential for damage or impaired function of the implant after exposure. The physician should conduct a risk-benefit analysis if HBOT treatment is necessary. The device specified in this manual has been tested to be in compliance with ISO 14708-2:2012, where the device is exposed to 40 cycles of ambient pressure up to 450 kPa (4.5 bar).

Therapeutic Ultrasound - The BIOMONITOR IV should not be exposed to therapeutic levels of ultrasound energy, as the active implantable medical device can inadvertently concentrate the ultrasound field and cause harm.

4.4 Storage and Handling

Failure to adhere to storage and handling recommendations may result in device damage or malfunction.

Storage (temperature) - Recommended storage temperature range is -10° to 45°C (14°-113°F). Exposure to temperatures outside this range may result in insertable cardiac monitor malfunction (see Section 8.1).

Handling - Do not drop. The monitor is preloaded into the insertion tool. If the tool is dropped onto a hard surface, return it to BIOTRONIK (see Section 8.1).

FOR SINGLE USE ONLY - Do not resterilize the insertable cardiac monitor, incision tool or insertion tool; they are intended for one-time use.

Device Packaging - Do not use the device if the packaging is wet, punctured, opened or damaged because the integrity of the sterile packaging may be compromised. Return the device to BIOTRONIK.

Storage - Store the device in a clean area, away from sources of disturbance to avoid damage to the device.

Temperature Stabilization - Allow the device to reach room temperature before programming or implanting the device. Temperature extremes may affect the initial device function.

Use Before Date - Do not implant the device after the USE BEFORE DATE because the device sterility and longevity may be compromised.

Sharp - Packaging includes an incision tool that is sharp and should be handled with care.

4.5 Electromagnetic Interference (EMI)

The operation of any insertable cardiac monitor can be affected by certain environmental sources generating signals that resemble cardiac activity. In some cases the disturbance sources can couple sufficient energy to damage the insertable cardiac monitor.

BIOTRONIK insertable cardiac monitors have been designed to significantly reduce susceptibility to disturbance sources. However, due to the variety and complexity of sources creating interference, there is no absolute protection against disturbance sources. Generally, it is assumed that disturbance sources produce only minor effects, if any, in insertable cardiac monitor patients. If the patient presumably will be exposed to one of the following environmental conditions, then the patient should be given the appropriate warnings.

4.5.1 Home and Occupational Environments

The following equipment (and similar devices) may affect normal insertable cardiac monitor operation: electric arc welders, electric melting furnaces, radio/television and radar transmitters, power generating facilities, high voltage transmission lines, electrical ignition systems (also of gasoline powered devices) if protective hoods, shrouds, etc., are removed, electrical tools, anti-theft devices of shopping centers and electrical appliances, if not in proper condition or not correctly grounded and encased.

Patients should exercise reasonable caution in avoidance of devices which generate a strong electric or magnetic field. Some potential EMI sources include:

- **High Voltage Power Transmission Lines** High voltage power transmission lines may generate enough EMI to interfere with insertable cardiac monitor operation if approached too closely.
- Home Appliances Home appliances normally do not affect insertable cardiac monitor operation if the appliances are in proper condition and correctly grounded and encased.
- **Communication Equipment** Communication equipment such as microwave transmitters, linear power amplifiers, or high-power amateur transmitters may generate enough EMI to interfere with insertable cardiac monitor operation if approached too closely.
- **Commercial Electrical Equipment** Commercial electrical equipment such as arc welders, induction furnaces, or resistance welders may generate enough EMI to interfere with insertable cardiac monitor operation if approached too closely.
- **Electrical Appliances** Electric hand-tools and electric razors (used directly over or on the skin covering the insertable cardiac monitor) have been reported to cause insertable cardiac monitor disturbances.
- Electronic Article Surveillance (EAS) Equipment such as retail theft prevention systems may interact with the insertable cardiac monitor devices. Patients should be advised to walk directly through and not to remain near an EAS system longer than necessary.

4.5.2 Cellular Phones

Recent studies have indicated there may be a potential interaction between cellular phones and insertable cardiac monitor operation. Potential effects may be due to the radio frequency signal when the phone is within close proximity (within 6 inches [15 centimeters]) to the insertable cardiac monitor.

Based on testing to date, effects resulting from an interaction between cellular phones and the insertable cardiac monitors have been temporary. Simply moving the phone away from the inserted device will return it to its previous state of operation.

To minimize such interactions, patients having an inserted cardiac monitor who operate a cellular phone should:

• Maintain a minimum separation of 6 inches (15 centimeters) between a hand-held personal cellular phone and the inserted device. Portable and mobile cellular phones generally transmit at higher power levels compared to hand held models. For phones transmitting above 3 watts, maintain a minimum separation of 12 inches (30 centimeters) between the antenna and the inserted device.

Chapter 4 BIOMONITOR IV Technical Manual

> • Patients should hold the phone to the ear opposite the side of the inserted device. Patients should not carry the phone in a breast pocket or on a belt over or within 6 inches (15 centimeters) of the inserted device as some phones emit signals when they are turned ON but not in use (i.e., in the listen or standby mode). Store the phone in a location opposite the side of the cardiac monitor.

4.5.3 Hospital and Medical Environments

Electrosurgical Cautery - Electrosurgical Cautery may inhibit insertable cardiac monitor sensing operation. If use of electrocautery is necessary, the current path (ground plate) should be kept as far away from the insertable cardiac monitor as possible.

Lithotripsy - Lithotripsy may damage the insertable cardiac monitor. If lithotripsy must be used, do not focus the beam near the insertable cardiac monitor.

External Defibrillation - External defibrillation may damage the insertable cardiac monitor. Attempt to minimize current flowing through the insertable cardiac monitor by following the precautions.

High Radiation Sources - High radiation sources such as cobalt 60 or gamma radiation should not be directed at the insertable cardiac monitor. If a patient requires radiation therapy in the vicinity of the insertable cardiac monitor, place lead shielding over the device to prevent radiation damage.

4.6 Home Monitoring

All BIOMONITOR IV devices can be used with BIOTRONIK's Home Monitoring[®] system. The Home Monitoring system enables wireless automatic transmission of information about a patient's cardiac status from the implanted device to the physician remotely.

Programming Overview

BIOTRONIK's Home Monitoring system is designed to notify clinicians in less than 24 hours about changes to the patient's condition or status of the implanted device. Updated data may not be available if:

- The patient's CardioMessenger[®] is unplugged or damaged and is not able to connect to the Home Monitoring system through an active cellular network.
- The CardioMessenger cannot establish a connection to the implanted device.
- The cellular network is not operational or the patient lives in a geographical area not covered by cellular networks.
- The Home Monitoring Service Center is off-line (upgrades are typically completed in less than 24 hours).

Patient's Ability - Use of the Home Monitoring system requires the patient and/or caregiver to follow the system instructions and cooperate fully when transmitting data.

If the patient cannot understand or follow the instructions because of physical or mental challenges, another adult who can follow the instructions will be necessary for proper transmission.

Use in Cellular Phone Restricted Areas - The CardioMessenger (transmitter/receiver) should not be utilized in areas where cellular phones are restricted or prohibited (i.e., commercial aircraft). Cellular network outages (including poor signal strength) prevent reliable connections.

4.7 Insertable Cardiac Monitor Explant and Disposal

Device Incineration - Never incinerate an insertable cardiac monitor. Be sure the insertable cardiac monitor is explanted before a patient who has died is cremated (see Section 11.3). **Explanted Devices -** Return all explanted devices to BIOTRONIK.

This page left intentionally blank

Chapter 5: Programmable Parameters

For a complete list of programmable parameters and the available settings, see Sections 5 or 13. Refer to the programmer manual for additional information.

5.1 Parameters

The Diagnostics/Home Monitoring page under Parameters, shown in Figure 1, allows set-up of the recording criteria of the device to include atrial fibrillation (AF), tachycardia, bradycardia, sudden rate drop, pause, and symptom events. With the BIOMONITOR IV, there are preconfigured programming sets that can be selected under program sets to automatically manage these recording parameters based on patient indication through the ProgramConsult. This feature, as well as the other programming options for the recording criteria will be discussed in detail below.



Figure 1: Main parameter screen

5.1.1 ProgramConsult

The ProgramConsult menu is located under Program sets and allows for the selection of a preconfigured programming set based on common patient indications. Selecting one of these options provides programming assistance by bundling the suggested recording criteria parameters to a single choice. The preconfigured programs, as well as their associated parameters are summarized in Table 2.

Program sets	
Syncope Palpitations AF monitoring Cryptogenic stroke	
Individual sets	ProgramConsult
Figure 2: Program(Consult menu

Parameter	Syncope	Palpitations	AF Monitoring	Cryptogenic Stroke
Atrial fibrillation (AF)	ON	ON	ON	ON
AF sensitivity	Low	Medium	Medium	Medium
RR variability limit	12	12	12	12
Confirmation time	10	6	6	2
Bigeminy rejection	Aggressive	Aggressive	Standard	Aggressive
Ectopy rejection	ON	ON	ON	ON
AF recording	ON	ON	ON	ON
AF transmission	ON	ON	ON	Detect only
Tachycardia	ON	ON	ON	ON
Tachy limit	160	180	180	180
Tachy counter	16	32	48	48
Tachy recording	ON	ON	ON	ON
Tachy transmission	ON	ON	ON	ON
Bradycardia	ON	ON	ON	ON
Brady zone limit	35	30	30	30
Brady duration	20	30	30	30
Brady recording	ON	ON	ON	ON
Brady transmission	ON	ON	ON	ON
Sudden rate drop (SRD)	ON	OFF	OFF	OFF
SRD rate decrease	50			
SRD sensitivity	Low			
SRD recording	ON			
SRD transmission	ON			
Pause	ON	ON	ON	ON
Pause duration	3	5	5	5
Pause recording	ON	ON	ON	ON
Pause transmission	ON	ON	ON	ON

Table 2: ProgramConsult programs and parameters

5.1.2 Atrial Fibrillation (AF)

The Atrial Fibrillation Menu (Figure 3) allows the user to program AF detection ON or OFF as well as set the detection criteria.

Atrial fibrillation - Detection		
Atrial fibrillation (AF)	ON	ок
AF sensitivity	Medium	
Detection/termination window size	8/16	Cancel
Detection intervals	5	
Number of detection windows	2	(2) Help
Termination intervals	1	
Number of termination windows	2	
RR variability limit [%]	12	
Confirmation time [min]	6	
Bigeminy rejection	Standard	
Ectopy rejection	0N	
Hide AE expert parameters		

Figure 3: AF menu

This section includes:

- Atrial Fibrillation Parameters
- Atrial Fibrillation (AF): ON or OFF
- AF Sensitivity: Low, Medium, High

Allows the user to select preset criteria for AF determination. These are shown in the following Table 3. The user can also select non-preset options to make an Individual program.

Low is the least sensitive setting. This setting requires greater instability and more intervals for the device to declare AF. Conversely, the High setting requires less instability and fewer events to declare AF.

AF sensitivity				
Low	Close			
Medium				
High				

Figure 4: AF sensitivity

Parameter	Range	Low	Medium (Default)	High
Atrial fibrillation detection	OFF, ON	On	On	On
Detection/termination window size	8/16, 16/24, 24/32	16/24	8/16	8/16
Detection intervals	5(2)23	11	5	5
Number of detection windows	1(1)4	3	2	1
Termination intervals	1(2)7	5	1	1
Number of termination windows	1(1)4	2	2	3
RR variability limit	6, 9, 12, 15, 18 %	12	12	12
Confirmation time	0.5, 1(1)6,10,20,30 min	6	6	6
Bigeminy rejection	OFF, Standard, Aggressive	Standard	Standard	Standard
Ectopy rejection OFF, ON		ON	ON	ON

Table 3: Parameter summary for AF sensitivity

RR Variability

This parameter represents the maximum percentage of variation between Vs-Vs cycle lengths to be considered stable by the device. The smaller the value, the greater the likelihood of AF being declared. Intervals greater than the RR Variability value from the mean cycle length will be considered AF intervals and count towards the detection and termination threshold.



Figure 5: RR variability limit

Detection/Termination Window Size

The number of cycle lengths used to determine detection and termination of AF. Figure 6 shows the selectable values for Detection and Termination. For example, a Detection value of 8 means the device monitors groups of 8 cycle lengths to determine the RR variability by comparing each of those 8 events to the variability limit value.

If the number of events that are determined to be unstable exceed the programmed Detection interval value, AF suspicion criterion is met.

A Termination criterion of 16 means the device is monitoring groups of 16 events. If the number of unstable events is greater than the programmed Termination value, the rhythm will continue to be considered unstable (AF).

The Detection/Termination windows are not sliding windows, but consecutive windows.



Figure 6: Detection/termination window

Number of Detection Windows

Number of consecutive windows that are required to be determined unstable for the device to start the confirmation time.



Figure 7: Number of detection windows

Number of Termination Windows

Number of consecutive windows that are required to be determined stable for the device to terminate the episode.

Number of termination windows				
1	Close			
2				
3				
4				

Figure 8: Number of termination windows

Detection Intervals

The Detection Intervals represents the number of intervals that must be unstable within the programmed detection window for the rhythm to be considered unstable.



Figure 9: Detection intervals

Termination Intervals

The Termination Intervals represents the maximum number of unstable events within the programmed termination window allowed to terminate an AF episode. If more than the programmed number of unstable intervals are present, the device will continue to declare an AF event active.



Figure 10: Termination Intervals

Confirmation time

The time before a recording of the AF event occurs. If the events are detected but do not reach the confirmation time period (suspicion phase), the event will not be counted.

1	Confirmation time						
	0.5	1	2	Close			
	3	4	5				
	6	10	20				
	30						

Figure 11: Confirmation time

Bigeminy Rejection

Short-long interval patterns indicative of bigeminy may be detected as AF. The bigeminy rejection parameter is designed to recognize these periodic interval patterns. When enabled to Standard, the bigeminy rhythms are recognized and prevented from triggering AF detections. The Aggressive setting is provided for more comprehensive filtering of complex bigeminy rhythms. The default setting for the bigeminy rejection parameter is Standard.

NOTE: If bigeminy rejection is set to Aggressive, the AF sensitivity may be reduced.

Bigeminy reject	ion
OFF	Close
Standard	
Aggressive	

Figure 12: Bigeminy Rejection

Ectopy Rejection

An ectopic event is declared when a short interval is followed by a long interval. When Ectopy Rejection is set to ON, an event that is determined to be an ectopic event will not be considered unstable for the purpose of AF detection or confirmation.

Ectopy rejection				
OFF	Close			
ON				

Figure 13: Ectopy Rejection

5.1.3 Tachycardia

BIOMONITOR IV may be programmed to record tachycardia events using a rate limit and counter for criteria. Both the tachy limit and tachy counter criteria must be met for an event to be classified as a tachy episode. An event meeting the criteria would record an sECG and update the counters on the Diagnostics section of the device.

Tachy Limit

This parameter value represents the lower rate limit required to be considered a tachy episode.



Figure 14: Tachy limit

Tachy Counter

This parameter value represents the count limit for tachycardia classification. This is an up/ down counter. Each event slower than the tachy limit decreases the count by 1, while each event faster than the tachy limit increments the counter by 1.

Tachy c	ounter		
8	12	16	Close
20	24	32	
48			



5.1.4 Bradycardia

Brady Zone Limit

Rates determined to be below the programmed Brady Zone Limit will be classified as a bradycardia event. In addition to the rate limit, the rate must also meet the Brady Duration limit. This prevents single slow events from being classified as a bradycardia episode.

Brady z	one limit	i in the second s	
30	35	40	Close
45	50	55	
60	65	70	
75	80		

Figure 16: Brady zone limit

Brady Duration

The Brady Duration is the time in seconds over which the average heart rate is assessed. When the average heart rate is below the programmed bradycardia zone limit for the device, bradycardia is confirmed.



Figure 17: Brady duration (seconds)

5.1.5 Sudden Rate Drop (SRD)

SRD Rate Decrease

This parameter value represents the percentage in rate decrease that triggers a Sudden Rate Drop event. The device compares the average rate of the most recent events (rate-drop intervals) and compares it to the average rate of the previous events (baseline intervals).

SRD rate d	ecrease	
20	30	Close
40	50	
60	70	

Figure 18: SRD rate decrease

SRD Sensitivity

This parameter programs preset value setting for baseline intervals and rate-drop intervals.



Figure 19: SRD sensitivity

Baseline Intervals

This parameter value represents the number of averaged intervals to determine a baseline rate for sudden rate drop determination.



Figure 20: Baseline intervals

Rate-drop Intervals

This parameter value represents the number of averaged intervals to determine a change in the heart rate. It uses the most recent events and determines the average rate of those events to determine the rate-drop rate value.



Figure 21: Rate-drop intervals

5.1.6 Pause Duration

Pause Duration

The minimum total duration in seconds between R waves for the device to declare a Pause event.



Figure 22: Pause duration

5.1.7 Symptom

Symptom

This is an ON/OFF feature which allows a patient to record an sECG by placing the Remote Assistant III over the device and pressing the button. See Chapter 12: Remote Assistant III for more details.



Figure 23: Symptom

5.1.8 Resting Rate Period

Start Resting Period

The Start Resting Period is the time the device starts collecting heart rate information for the Rate trend diagnostic. The default time is 2 A.M. for data recording. This time was chosen to reduce the chance of patient activity interfering with data collection.

l	Start resti	ng period				
	00:00	01:00	02:00	03:00	04:00	Close
	05:00	06:00	07:00	08:00	09:00	
	10:00	11:00	12:00	13:00	14:00	
	15:00	16:00	17:00	18:00	19:00	
	20:00	21:00	22:00	23:00		

Figure 24: Start resting period (hh:mm)

Resting Period Duration

The Resting Period Duration parameter is the time duration the data is collected for the Resting Rate trend diagnostic. BIOMONITOR IV collects resting heart rate values in 10-min blocks of time over a programmable number of hours (nominally 4 hours). The lowest average collected over the recording period is used as the statistical point for that given day. For example, if the resting period duration is programmed to 4 hours, the device will average the heart rate in 10-minute blocks for 4 hours. The block with the lowest minimum average heart rate from that 4 hour period will be reported by the device as the resting heart rate for that day.

l	Resting	period du	ration	
	1	2	3	Close
	4	5	6	
	7	8	9	
	10	11	12	

Figure 25: Resting period duration (hours)

5.2 Home Monitoring (HM)

The availability of parameters and parameter values is determined by the software used for programming/interrogating the injectable cardiac monitor.

5.2.1 HM PID

The HM PID is the Product Identification Number. This is a unique ID number for each product and is used when registering a patient to the Home Monitoring Service Center (HSMC).

5.2.2 Home Monitoring

Programmable ON or OFF.

5.2.3 Time of Transmission

By default, the BIOMONITOR IV will transmit all data and a daily trend report between 1:00 A.M. and 2:00 A.M. daily. Transmission time is also programmable by the user and is based on a 24-hour clock. It is important to keep in mind that the programmer updates the BIOMONITOR IV time based on the programmer time. If the programmer time is different than the local time, the transmission time may be different than expected.

Tir	ne of tra	nsmission						
	Std.						00:00	Close
I	00:30	01:00	01:30	02:00	02:30	03:00	03:30	
	04:00	04:30	05:00	05:30	06:00	06:30	07:00	
1	07:30	08:00	08:30	09:00	09:30	10:00	10:30	
:	11:00	11:30	12:00	12:30	13:00	13:30	14:00	
:	14:30	15:00	15:30	16:00	16:30	17:00	17:30	
	18:00	18:30	19:00	19:30	20:00	20:30	21:00	
;	21:30	22:00	22:30	23:00	23:30			

Figure 26: Time of transmission

5.2.4 Periodic Subcutaneous Electrocardiogram (sECG)

The BIOMONITOR IV can send sECGs up to 60 s each (40 s minimum) in length periodically based on user preference. This allows the user to assess sECGs routinely, even when no events have occurred. The schedule for the Periodic sECG is configurable through the Home Monitoring Service Center website.

When the option of Selection is made, the user can enter up to five specific dates on which to send a periodic sECG. Following the last programmed periodic sECG, the device will revert to sending sECGs every 30 days until new dates are entered.
5.2.5 Daily Presenting Electrocardiogram (sECG)

The BIOMONITOR IV sends one sECG of up to 6 seconds in length daily, which will be presented on the Status Summary page on the Home Monitoring Service Center website. This allows the user to assess a short sECG for the last received monitoring period. The daily presenting sECG is not configurable by the user.

5.2.6 Last Message

Message Type

This box shows the last message type created by the device.

Message Created On

This parameter shows the date and time the last message was created. The clock time is based on a 24-hour clock.

Send Test Message

When performing the "Send Test Message" function, a note will appear with the following message:

"Please remove programmer head for 10 seconds to allow implant to send test message. Afterwards, please interrogate to update status."

Once the OK button is pressed, a "programming was successful" message will appear on the bottom- left corner of the screen.

Send test message			
Last message type	Т	est message	
Message created on	11/29/2022	08:01	

Figure 27: Last message

5.2.7 Episode Recording/Transmission

This section provides an overview of which triggers are currently programmed ON for recordings, and also what triggers are set to transmit. Only if the device has recordings enabled for a particular trigger can the HM transmission option be selectable.

Trigger type	Detection	Recording	Transmission
Atrial fibrillation	Medium	ON	ON
Tachycardia [bpm]	180	ON	ON
Bradycardia [bpm]	40	ON	ON
Sudden rate drop [%]	OFF		
Pause [s]	3	ON	ON
Symptom	ON	ON	Nightly

Figure 28: HM episode trigger

The user can modify the Recording and Transmission options. The only programmable options are ON and OFF with the exception of Atrial Fibrillation transmissions and Symptom transmissions. Atrial Fibrillation transmissions also include a Detect Only option. This option will transmit just the sECG for detection and not the one for termination. Symptom transmissions also include an On Demand option. This option, if enabled, will allow for up to two Symptom sECG recordings (7.5 minutes minimum) to be transmitted per day after the recording is taken by the patient if they are in range of their CardioMessenger. If the On Demand transmission of the Symptom recording is unsuccessful, the device will attempt to transmit a snapshot (40 second minimum) at the nightly transmission time. Please see 'Chapter 12: Remote Assistant III' for information on how to trigger a Symptom recording.

Atrial fibrillation	n - Transmission
OFF	Close
ON	
Detect only	

Figure 29: Atrial fibrillation transmission options

Sympton	n - Trans	mission
OF	F	Close
Nigh	tly	
On der	mand	

Figure 30: Symptom transmission options

5.3 Sensing Settings

This section allows the user to change the SensingConsult, sensing filter settings, and stored/ real-time signal choices.



Figure 31: Sensing setting

5.3.1 SensingConsult

SensingConsult is a feature that allows the user to select a sensing profile to match the patient condition. Selecting one of these options results in the device automatically adjusting the threshold decay, reduction time, and threshold percentages to optimize sensing for that particular patient presentation. A preview image of the sensing profile is included on the left side of the screen.



Figure 32: SensingConsult options

5.3.2 Sensing High-Pass Filter

This section allows the user to change the filter setting of the signal. The higher the value, the more of the baseline and T-wave signals are removed from the sensing signal. This may be used if the baseline signal wanders or if oversensing from T-waves or P-waves occurs.



Figure 33: High-pass filters

5.3.3 Input Signal Polarity

It is possible to select normal or inverted polarity for the sECG channel input. This will take effect for stored sECGs and streamed real-time sECGs.

Display	
Normal	Close
Inverted	

Figure 34: Input signal polarity selection screen

5.3.4 Input High-Pass Filter

The sECG channel input contains a selectable analog high-pass filter with a cutoff value of 0.05 Hz or 0.5 Hz. This will take effect for stored sECGs and streamed real-time sECGs. The 0.5 Hz high pass setting will provide better filtering of baseline artifacts.

	Signal fill	ter
	0.05	Close
	0.5	
Figure 35:	High-pass	filter selection screen

5.4 Patient Data

This section allows the user to add patient, physician, hospital and other information. This information is stored in the device and can be accessed with any compatible programmer. The data in this section can be modified at any time.

5.4.1 ID

This section allows the user to input up to a 12-digit alphanumeric code to serve as a patient identifier. This may be a medical records number or a study number if the patient is enrolled in a study.

5.4.2 First / Last Name

These sections allow the user to input the patient's first and last name into the memory of the device. This is a free text box, allowing up to 20 characters for the first name, as well as for the last name.

Enter the patient's name and select the enter key.

5.4.3 Date of Birth

This section allows the user to input the patient's birth date. The birth date is entered as MM/ DD/YYYY. When initially accessed, the current day will be displayed. The date can be changed using the following methods:

- Selecting the keypad icon to the left of the OK button will bring up a number keypad allowing the user to manually input the date.
- The day can be selected simply by touching the appropriate day on the screen.
- Pressing the month will bring up a listing of the 12 months, and the user can select the appropriate month.
- Selecting the year will bring up a numeric keypad, allowing the user to enter a year.
- The double arrow will change the year by one value each time it is touched. The left double arrows decrease the value and the right double arrows increase the value.
- The single arrow will change the month by one. The left arrow decreases the value and the right arrow increases the value.

Once the date is entered, select the OK button.

5.4.4 Gender

This section allows the user to select the patient's gender.

5.4.5 Date of Implant

The implantation date is entered by the user.

5.4.6 Hospital, City

The hospital name and city name can be added. As with entering the patient's name, up to 20 characters are available to add hospital and city information.

5.4.7 Physician

The physician's name can be added. As with the patient's name, up to 20 characters are available to add physician information. It is a good idea to add the physician's first name also to help prevent confusion.

5.4.8 NYHA

This refers to the New York Heart Association classification. A value can be entered if it is known.

NYHA		
×××	I	Close
II	III	
IV	Unknown	

Figure 36: NYHA

5.4.9 Symptom

This section allows the user to select one or multiple symptoms related to the patient. Selecting a symptom will result in a check mark appearing in the box to the left. Once completed, press the OK button. The selection(s) will appear on the main patient page.



Figure 37: Symptom

5.4.10 Etiology

This section allows the user to select an etiology related to the patient.



Figure 38: Etiology

5.4.11 Remark

This section allows the user to input a remark for the patient up to 42 characters in length.

Chapter 6: Diagnostics

6.1 Diagnostics Overview

BIOMONITOR IV can store a variety of statistical information. The various statistics consist of such features as rate histograms, rate trends, and activity trends, which are described in the following sections.

AF Details

- AF trends
- AF time of occurrence
- AF duration
- Ventricular rate during AF
- Ectopy Count (as displayed on the Renamic/Renamic Neo Programmer)*

Activity

- Rate trends
- Rate histograms
- Activity trend

Sensing

- R-wave trend
- Noise duration trend

6.2 General Statistical Information

The BIOMONITOR IV statistics modes are always in operation and cannot be selected OFF. The counters within the statistic features are reset each time the injectable cardiac monitor is permanently programmed.

The histogram information is a 240-day duration. Afterwards, the oldest data are overwritten. Ongoing episodes are not counted.

6.3 Activity

The Activity diagnostic provides information related to heart rate, heart rate at rest, variability, rate histograms and activity.

Data is collected for the most recent 240 days. The user can look at information for a specific day by using the left/right arrows on the lower left screen or by simply touching on the screen. The date is listed at the bottom of the graph with the data results at the top of the graph.

 $^{^{*}\,}$ On the Home Monitoring website, this will be displayed as PAC/PVC burden and PVC count.

6.3.1 Rate Trends

Heart rate trends provide information related to heart rate, mean heart rate at rest and heart rate variability. Data is collected for the most recent 240 days. The user can look at information for a specific day by using the left/right arrows on the lower left screen or by simply touching on the screen. The date is listed at the bottom of the graph with the data results at the top of the graph.

Heart rate information is based on the daily average heart rate and is displayed as a single data point for the day.

BIOMONITOR IV collects resting heart rate values in 10-minute blocks of time during the mean heart rate at rest recording time. The lowest average collected over the recording period is used as the statistical point for that given day.

Heart rate variability is calculated using SDANN. Data is collected in five minute windows and calculated as a single daily data point.



Figure 39: Rate trends

6.3.2 Rate Histogram

The Rate histogram, shown in Figure 38, provides the percentage of activity in each rate bin for the BIOMONITOR IV. Rate bins are divided into 10 bpm increments.



Figure 40: Rate histograms

6.3.3 Activity Trend

The Activity trend, shown in Figure 39, displays the daily percentage of activity as detected by the motion sensor of the device.



Figure 41: Activity trend

6.4 AF Details

6.4.1 AF Trends

The AF trends diagnostic provides information related to the number and duration in hours of AF events on a daily basis.



Figure 42: AF trends

6.4.2 AF Time of Occurrence

The time of occurrence, shown in Figure 41, summarizes the times of day that atrial tachyarrhythmia episodes began and is broken into three-hour time blocks. Knowing the time of day when atrial tachyarrhythmias begin may help determine whether a particular event will precipitate the tachyarrhythmia.



The total number of events is listed at the bottom of the graph.

Figure 43: Time of occurrence

6.4.3 AF Duration

AF duration shows the length of each AF episode in time bins and provides a percentage of the episodes which occur in each time bin versus the total number of episodes. Ongoing episodes are not counted on the graph.



Figure 44: AF duration

6.4.4 Ventricular Rate During AF

The ventricular rate during AF graph provides the mean and the maximum heart rate during AF. Large differences in the mean and maximum rates may indicate an irregular ventricular response during the AF while small differences may imply that ventricular rate is more stable during AF.



Figure 45: Ventricular rate during AF

6.4.5 Ectopy count

Ectopy count shows the number of ectopic events (AES, VES) per day, not including ectopy events which occurred during suspected or confirmed AF.



Figure 46: Ectopy count

Chapter 6 BIOMONITOR IV Technical Manual

6.5 Sensing

6.5.1 R-wave Trend

The R-wave trend provides average daily R-wave measurement values for up to 240 days.

AF details Activit	sensing	0.48				R-wa	ve trend
mv						Noise	duration rend
0.5- y//v	Wwwwwww	444.					
0.0-, 12/03,	/2022	03 ['] Today23	ł	,	ı	, Start Duration	12/01/2022 104 days
Print 🖓	Help					Start statis	tics

Figure 47: R-wave trend

6.5.2 Noise Duration Trend

The noise duration trend provides the amount of noise sensed daily by the device, expressed as a percentage of time per day by the BIOMONITOR IV. A high percentage of noise events could interfere with the BIOMONITOR IV's ability to detect arrhythmias.

AF details A	ctivity Sensin	g			
25- %		1		R-wave	trend
20-				Noise de tre	uration nd
15-					
10-					
5-					
	µ	03 Today 23		Start Duration	12/01/2022 104 days
🔒 Print	Help			Start statistic	s

Figure 48: Noise duration trend

Chapter 7: Other Functions/Features

BIOMONITOR IV injectable cardiac monitors offer many additional functions and features to assist the physician in the care of the patient.

7.1 Home Monitoring

Home Monitoring enables the exchange of information about a patient's cardiac status from the cardiac monitor to the physician. Home Monitoring can be used to provide the physician with reports from the BIOMONITOR IV and can process them into graphical and tabular format called a Home Monitoring Report. This information helps the physician optimize the diagnostic process, as it allows the patient to be scheduled for additional clinical appointments between regular follow-up visits if necessary.

The cardiac monitor's information is digitally formatted by the BIOTRONIK Home Monitoring Service Center and processed into a concise report called a Home Monitoring Report. The Home Monitoring Report, which is adjusted to the individual needs of the patient, contains current and previous cardiac monitor data. The Home Monitoring Report is sent to the attending physician over the Internet. For more information on registering for Home Monitoring, contact your BIOTRONIK sales representative.

The password protected BIOTRONIK Home Monitoring website can be accessed at the following URL: www.biotronik-homemonitoring.com

An online help menu is available in order to assist with the use of the Home Monitoring website.

Additionally, the attending physician may register to be informed of the occurrence of an Event Triggered Message through email or SMS (i.e., mobile phone) with a brief text message. If registered for Internet availability, the patient's detailed cardiac monitor data can then be viewed by logging onto the Home Monitoring website.

7.2 Transmission of Information to Home Monitoring

The cardiac monitor transmits information to the home Monitoring website with a small transmitter called a CardioMessenger, which has a range of about 6 feet (2 meters). The patient's cardiac monitor data are sent daily to the corresponding CardioMessenger and periodic sECGs are sent in configurable intervals when Home Monitoring is programmed ON. The CardioMessenger is designed for use in or away from the home. Power is supplied by a standard wall plug. The patient device can be placed on the patient's nightstand or within 6 ft of the cardiac monitor, where data transmission is to occur. The minimal distance between the cardiac monitor and the CardioMessenger must be 8 inches (20 cm). CardioMessengers are cellular-capable and allow for transmission of data over a cellular network. For additional information about the CardioMessenger, please refer to its manual.

7.3 Types of Report Transmissions

When the Home Monitoring function is activated, the transmission of a report (Home Monitoring Report) from the implant can be triggered as follows:

- Trend report—a report is initiated daily at the programmed transmission time.
- Event report—the BIOMONITOR IV detects certain events, which initiate a report in addition to the trend report.

Trend Report

The time of the report transmission is programmable. For periodic messages, the time can be set anywhere between 00:00 and 23:30 hours. It is recommended to select a time between 0:00 and 4:00.

The length of the time interval (monitoring interval) is preset to "daily." This is non-programmable. For each monitoring interval, a data set is generated in the cardiac monitor and the transmission is initiated at the designated time.

Event Report

When certain cardiac and technical events are detected by the cardiac monitor, a report transmission is automatically triggered at the daily transmission time in addition to the trend report. This is described as an "event message" as part of the daily transmission. **NOTE:** Event reports can be transmitted to the HMSC prior to the daily transmission time if on demand symptom transmissions are enabled. Please see Section 5.2.7 for more details.

The following clinical and technical events initiate a Home Monitoring message transmission:

- Event recording
- ERI detected

NOTE: The attending physician can go to the Home Monitoring website to change or modify the events they wish to be informed of.

7.4 Description of Transmitted Data

The Monitoring Interval

The monitoring interval is the time period since the last periodic message was transmitted. In a periodic report, the monitoring interval since the previous periodic report is 24 hours.

The following data are transmitted for the Home Monitoring Report by the Home Monitoring system, when activated. In addition to the medical data, the serial number of the BIOMONITOR IV is also transmitted.

Device Status & Home Monitoring Settings

Contains device and message identifying values that pertain to the cardiac monitor and Home Monitoring:

- Implantation Date
- Device Status
- Remaining capacity for ERI calculation (done by the Service Center)
- Last follow-up
- Device Serial Number

- Message Creation Date/Time
- Device settings

Physiologic data

- Heart rate
- Heart rate variability
- Patient activity
- Temperature
- Daily statistics (including PAC/PVC burden)
- Event recordings

The temperature measurement feature alerts the physician to increased average temperature over 1-5 days compared to a 30-day baseline. This may indicate fever and allow physicians to determine whether further screening or follow-up is needed. Comparison of temperature measurements using this device and a conventional thermometer in swine warmed to increase their temperature by 1°C to mimic fever showed agreement within 0.1°C. Comparison of subcutaneous temperature measurements in humans to a conventional thermometer has not been performed.

Event recordings include up to 6/day for daily transmission and up to 2/day for optional on demand patient triggered Systom episode transmission. On demand transmissions will also update episode counters, diagnostics, and trends on the Home Monitoring Service Center. Depending on cellular network availability, the transmission may take up to one hour.

7.5 Evaluation of Episodes with SmartECG

The SmartECG function is available for the BIOMONITOR IV.

With the SmartECG function, AF, Brady, Tachy, and Pause episodes that the device sends to the Home Monitoring Service Center can be automatically evaluated. The evaluation verifies whether the episodes match the type of episode sensed by the device.

The physician can set criteria against which the episodes are reviewed for each patient and for each episode type. Episodes that meet these criteria are highlighted and additional information is provided. Episodes that do not meet these criteria are labelled with a specific icon and remain available to the user but will not be shown on the SmartECG Focus View page. This reduces the number of episodes displayed and assists the user when evaluating the transmitted data.

Configuring the SmartECG criteria

Activating or deactivating SmartECG for a patient

The SmartECG function can be activated or deactivated for each patient.

- 1. Select the patient for whom you want to activate or deactivate SmartECG.
- 2. Navigate to the [Options] / [SmartECG options] tab.

- 3. Activate or deactivate SmartECG for the patient by selecting Enable (Yes/No).
 - The [Recordings] tab and the Quick View banner will show whether SmartECG is activated.

Setting SmartECG criteria for a patient

SmartECG criteria can be set for each patient, and transmitted episodes will be evaluated against these criteria. Specific criteria can be set for AF, Brady, Tachy, and Pause episodes.

- 1. Select the patient for whom you want to adjust the SmartECG criteria.
- 2. Navigate to the [Options] / [SmartECG options] tab.
- 3. Adjust the SmartECG criteria for the patient.

For AF episodes you can set the sensitivity and specificity with which the atrial fibrillation is detected as criteria.

For Brady episodes you can set day and night rate limits as well as an episode duration as criteria that deviate from the programmed device settings. You can also set the time that night begins and its duration.

For Tachy episodes you can set limit and counter criteria that deviate from the programmed device settings.

For Pause episodes you can set an episode duration that deviates from the programmed device settings.

For each episode you can also set whether episodes that could not be evaluated still trigger a finding by configuring the 'Consider for findings' setting.

Display of the evaluated episodes

CAUTION

Potential for delayed diagnosis due to inappropriate device settings and/or SmartECG settings

SmartECG may filter out episodes that would indicate inappropriate device settings or diagnostic episodes that do not meet the specified SmartECG criteria.

- Confirm device settings are appropriate using filtered out episodes.
- Adjust the settings as desired.

Viewing filtered out episodes

Evaluated episodes that do not meet the SmartECG criteria are not displayed in the overview on the [Recordings] tab. However, you can display these episodes.

- 1. Navigate to the [Recordings] tab.
- 2. Set the [Focus View] button to [OFF].
 - All episodes are displayed, including episodes that do not meet the SmartECG criteria.

The filter settings that you set in the [Finding options] tab continue to apply for all episode types that cannot be evaluated by SmartECG.

NOTE: Sudden Rate Drop and Symptom recordings are not evaluated by SmartECG. These recordings will be displayed on the [Recordings] tab regardless of Focus View ON or OFF.

The [Recordings] tab displays all episodes that can be evaluated by SmartECG, labeled as follows:

- \checkmark [SmartECG true]: The episodes meet the SmartECG criteria that have been set for the episode type. These episodes trigger a finding.
- SmartECG false]: The episodes do not meet the SmartECG criteria that have been set for the episode type. These episodes do not trigger a finding.
- [Unevaluated]: The episodes could not be evaluated by SmartECG, e.g., because the transmitted recordings are too short. You can specify whether these episodes trigger a finding.

Viewing episode details

For episodes that have been evaluated with SmartECG, more information can be found in the episode details.

- 1. Navigate to the [Recordings] tab.
- 2. Select the episode you want more information about.

7.6 Patient Data Memory

Individual patient data can be stored in the injectable cardiac monitor's memory. The stored data is automatically displayed upon each interrogation. The patient data memory contains the following data categories:

- Patient ID (Code)
- Patient Name
- Date of Birth
- Gender
- Symptom
- Etiology
- Physician
- Implantation Date
- NYHA Class
- Hospital
- City

- Phone
- Remark

Symptom and etiology are specified using the European PASSPORT code system. The PASSPORT code is an identification system of two character codes that represent specific conditions. A listing of the codes available with definitions is displayed on the screen of the programmer when patient data is selected.

When the patient data screen is entered symptom or etiology may be entered, and can be accessed following interrogation to check code definition.

When the patient data screen is printed, the date of last follow-up is automatically given on the print-out.

7.7 Position Indicator

The position indicator facilitates positioning of the programmer head. The programmer optically and acoustically indicates whether the programmer head is in communication with the injectable cardiac monitor.

CAUTION

EMI – Computerized systems are subject to EMI or "noise". In the sources of such disturbance, telemetry communication may be interrupted and prevent programming.

Chapter 8: Product Storage and Handling

8.1 Sterilization and Storage

The injectable cardiac monitor is shipped in a cardboard box, equipped with a quality control seal, and product information label. The label contains the model specifications, technical data, serial number, expiration date, and sterilization and storage information of the injectable cardiac monitor. The monitor is preloaded in the insertion tool and an incision tool is also included in the package.

The injectable cardiac monitor and its accessories have been sealed in a container and gas sterilized with ethylene oxide. To assure sterility, the container should be checked for integrity prior to opening. If a breach of sterility is suspected, return the injectable cardiac monitor to BIOTRONIK.

CAUTION

Storage (temperature) – Recommended storage temperature range is -10° to 45°C (14°-113°F). Exposure to temperatures outside this range may result in cardiac monitor malfunction. **Handling – Do not drop**. – If an unpackaged injectable cardiac monitor is dropped onto a hard surface, return it to BIOTRONIK.

SHARP – Packaging includes an incision tool that is sharp and should be handled with care.

CAUTION

FOR SINGLE USE ONLY – Do not resterilize the injectable cardiac monitor or accessories packaged with the cardiac monitor, they are intended for one-time use.

Device Packaging – Do not use the device if the packaging is wet, punctured, opened or damaged because the integrity of the sterile packaging may be compromised. Return the device to BIOTRONIK.

Storage – Store the device in a clean area, away from sources of electromagnetic interference (EMI) to avoid damage to the device.

Use Before Date – Do not implant the device after the USE BEFORE DATE because the device may have reduced longevity.

If a replacement injectable cardiac monitor is needed, contact your local BIOTRONIK representative.

This page left intentionally blank

Chapter 9: Follow-up Procedures

9.1 General Considerations

The injectable cardiac monitor follow-up serves to monitor and provide information related to the patient's rhythm.

The follow-up intervals are, therefore, primarily determined by medical judgment.

The following notes are meant to stress certain product features, which are of importance for follow-up visits. For detailed information on follow-up procedures and medical aspects, please refer to the pertinent medical literature.

NOTE: In order to enable full device functionality, including statistics functions and ERI detection, transmit a permanent program after insertion by pressing the [Program] button.

9.2 Real-time sECG Display

The injectable cardiac monitors provide a real-time display of the subcutaneous electrogram (sECG) to the programmer. The sECGs may be transmitted to the programmer via the programming head positioned over the inserted monitor. They are then displayed together with surface ECG and markers on the programmer screen and printed on the ECG recorder.

9.3 Follow-up Page

The follow-up page shown in Figure 47 provides information including the last follow-up date, the battery status, number of the diagnostics recordings and Home Monitoring status.



Figure 49: Follow-up page

The ECG and sECG signal display may be adjusted to make viewing easier by pressing on the icon shown in Figure 49.

9.4 Recordings

The Recordings page provides a list of stored episodes since the last time it was cleared. Information includes the time and date of the event, the duration, the type of event, mean heart rate and a sECG link to the recording.

No.	Date Date	Duration	Trigger	MR	View
8128	03/15/2023 08:39	00:01:10	Brady	40	553 1
8127	03/15/2023 08:36	00:01:24	Brady	37	** *
8126	03/15/2023 08:34	00:01:02	Brady	38	
8125	03/15/2023 06:23	-	AF termination	64	***
8124	03/15/2023 06:11	00:01:18	Brady	40	
8123	03/15/2023 05:55	00:00:46	Brady	38	***
8122	03/15/2023 05:51	00:02:28	Brady	39	
8121	03/15/2023 05:06	00:00:28	Brady	40	***
8120	03/15/2023 05:03	00:02:38	Brady	38	÷
8119	03/15/2023 04:49	00:02:30	Brady	40	***
8118	03/15/2023 04:32	01:50:44	AF detection	62	
8117	03/15/2023 04:28	-	AF termination	61	****
8116	03/15/2023 04:25	00:00:16	Brady	39	÷
8104	03/15/2023 00:34	03:54:30	AF detection	68	***
8103	03/15/2023 00:27	-	AF termination	82	
8102	03/14/2023 22:07	02:20:08	AF detection	65	***
8101	03/14/2023 21:50	_	AF termination	73	
8098	03/14/2023 18:50	03:00:22	AF detection	55	* **
	Set Dia	agnostic and	Home Monitoring parame	eters	
-	Print (2) Help			Pacta	t

Figure 50: Recordings page

9.5 sECG

BIOMONITOR IV can store up to 96 minutes (67 minutes minimum) of sECGs. The types of sECG recording include Tachycardia, Bradycardia, SRD, AF, Pause and Symptom events.

If sECG snapshots of all arrhythmia types are available, the minimum number of each type of snapshot in the device is the following:

Arrhythmia Type	Number of Snapshots	Episode recording scheme
AF	3	Oldest, newest, longest
Tachycardia	3	Oldest, newest, longest
Bradycardia	3	Oldest, newest, longest
SRD	3	Two newest, oldest
Pause	3	Two newest, oldest
Symptom	4	Four most recent

Table 4: Minimum number of episode snapshots

Examples of the different recordings are provided in the following sections. Figures 49-53 are for demonstration purposes only and are not clinically derived.

9.5.1 Atrial Fibrillation

Figure 49 shows an example of an atrial fibrillation recording with the sECG and marker channels. The device will record both when the episode meets detection criteria and when it meets termination cirteria. The user can scroll through the Holter and print only a section or the entire recording may be printed.



Figure 51: Atrial fibrillation sECG

9.5.2 Tachycardia

Figure 50 shows an example of a tachycardia recording. The black vertical bar indicates when the Tachy criteria were met.



Figure 52: Tachycardia sECG

9.5.3 Bradycardia

Figure 51 shows an example of a bradycardia recording.



Figure 53: Bradycardia sECG

9.5.4 Pause

Figure 52 shows a Pause recording.



9.5.5 Symptom

Figure 53 shows a recording from a Symptom event.



Figure 55: Symptom sECG

This page left intentionally blank

Chapter 10: Elective Replacement Indication (ERI)

The service time of BIOMONITOR IV may vary based on several factors, including battery properties, storage time, programmed parameters and circuit operating characteristics. Service time is the time from beginning of service (BOS) to the Elective Replacement Indication (ERI). To assist the physician in determining the optimum time for injectable cardiac monitor replacement, an elective replacement indicator is provided that is activated when the battery cell capacity drops to a predetermined level. The following table defines the different service cycles (at standard settings at 37°C). The beginning of the replacement cycle is displayed on the programmer after injectable cardiac monitor interrogation and appears on the printout. Table 5 shows the service cycle definitions.

Abbreviation	Service Cycle	Definition
BOS	Beginning of Service	Normal service cycle; battery in good condition
ERI	Elective Replacement Indication	Identifies the time of elective replacement indication
EOS	End of Service	Identifies the end of the elective replacement indication period.

Table 5: Service cycle definitions

Table 6 shows the expected longevity (in years) from BOS to ERI for the BIOMONITOR IV injectable cardiac monitors. The programmer software for the BIOMONITOR IV injectable cardiac monitors provides a fuel gauge to provide information related to the battery status.

Injectable Cardiac Monitor	Standard (BOS - ERI) in Years
BIOMONITOR IV	5

Conditions: 6 months shelf life, 1 daily automatic sECG HM upload, and 2 patient-triggered symptoms sECG uploads per month. Table 6: Nominal BIOMONITOR IV longevity

Note: Nominal longevity of BIOMONITOR IV is reduced by 2 months when patient-triggered symptom sECG upload is configured to 'On Demand'.

Note: At a maximum shelf-storage time of 18 months (UBD), nominal longevity is reduced by approximately 6 months.

The remaining minimum service time is provided in Table 7 below.



Table 7: Remaining minimum service time

All service intervals, including the above-cited nominal injectable cardiac monitor longevity, are based on considerations that include the battery discharge behavior and the hybrid circuit properties including current consumption and replacement indicator.

Chapter 11: Insertion/Removal

11.1 Opening the Sterile Container

The BIOMONITOR IV is preloaded in the insertion tool and is packaged with an incision tool in a single container sterilized with ethylene oxide.



Peel off the sealing paper of the outer container as indicated by the arrow.

11.2 Insertion

The FIT OneStep Tool allows an "injection-like" insertion of the implant using a single tool. It is used for forming the device tunnel and subsequent subcutaneous delivery of the BIOMONITOR IV implant. The BIOMONITOR IV implant is provided preloaded into the blue tunneling end of FIT OneStep tool, which has a rigid clam-shell design. There is a small window over the BIOMONITOR IV implant to allow the physician to see the implant in the FIT OneStep tool. The incision tool and FIT OneStep tool are intended for single use. See Figure 54.



Figure 56: Incision and FIT OneStep tools

Chapter 11 BIOMONITOR IV Technical Manual

BIOMONITOR IV has been developed to be inserted in a close-fitting subcutaneous tunnel, preferably in or around the left side of the chest. Recommended locations are those areas close to the heart where the implant will be exposed to minimal movement from body positional changes or from arm movement. Suitable implant locations are shown below in Figure 55. In position A, a location between the suprasternal notch and the left nipple is shown. Position B shows an implant location of approximately 45° with respect to the midline. The choice of placement location is to be decided by the physician, on the basis of individual patient anatomy and comfort, as well as cosmetic considerations. The insertion process consists of four (4) intuitive steps: Incision, Tunneling, Unlocking and Retraction, see Table 8.



Figure 57: Two recommended positions for the placement of BIOMONITOR IV



11.3 Removal

Removed cardiac monitors or accessories may not be reused. Removed cardiac monitors can be sent either to the local BIOTRONIK representative or the BIOTRONIK home office for expert disposal. If possible, the removed cardiac monitor should be cleaned with a sodium-hyperchlorite solution of at least 1% chlorine and, thereafter, washed with water prior to shipping.

The injectable cardiac monitor should be removed before the cremation of a deceased patient.

CAUTION

Device Incineration – Never incinerate a removed cardiac monitor. Be sure the insertable cardiac monitor is explanted before a patient who has died is cremated.

Removed Devices – Return all removed devices to BIOTRONIK.

Chapter 12: Remote Assistant III

12.1 General Information on the Remote Assistant III

The Remote Assistant III is an accessory for the BIOMONITOR IV that allows patients to manually trigger the recording of an sECG.

Place the Remote Assistant over the inserted BIOMONITOR IV and press the trigger key on the Remote Assistant III to send a signal. If the BIOMONITOR IV successfully receives the signal, it will record and store an ECG. The Remote Assistant III indicates a successful or unsuccessful recording using the behavior of the signal transmission LED before it automatically turns off.

The Remote Assistant III is powered by two batteries that are non-replaceable due to the design of the device.

12.2 Remote Assistant III Functional Testing

The Remote Assistant III is supplied for immediate use. However, check the Remote Assistant III for visible damage before use. A manual function test may also be performed:

- Hold the Remote Assistant III and press the trigger key. The signal transmission LED briefly lights up yellow.
- Then observe the behavior of the signal transmission LED.

If the LED lights up continuously green or flashes yellow and turns off after a short time, the Remote Assistant III is undamaged, and you can use it immediately.

If the LED exhibits other or no behavior, do not use the device. Contact BIOTRONIK (1-800-547-0394) for further instructions.

12.3 Getting to Know the Remote Assistant III

Item	Description
А	Trigger Key
В	Signal Transmission LED
С	Battery Indicator LED

Figure 58: Remote Assistant III layout



12.4 Triggering a Manual Recording

1. The patient holds the Remote Assistant III over their chest as close as possible to the location where the BIOMONITOR IV was implanted. Make sure that the Remote Assistant III lies with its backside flat on the chest without a gap or finger in between.



2. The trigger key is pressed and the Remote Assistant III is kept over the implanted cardiac monitor for at least three seconds.



The device emits an acoustic signal, and the signal transmission LED lights up continuously yellow for approximately three seconds.

3. If the recording has been successfully triggered in the BIOMONITOR IV, the signal transmission LED lights up continuously green for a maximum of 30 seconds before the device automatically turns off. If the signal transmission LED flashes yellow, no recording was triggered in the BIOMONITOR IV. In this case, re-position the Remote Assistant III and try again.

Note: If the BIOMONITOR IV is programmed to 'On Demand' transmission of Symptom episodes, the patient is required to keep the CardioMessenger in close proximity (6ft) for 3h after triggering a recording with Remote Assistant III.
12.5 Battery LED Indicator Explained

Battery indicator LED:

LED behavior	Explanation
LED is not lit	The battery in the Remote Assistant III has sufficient capacity.
LED flashes yellow	The battery's capacity is only sufficient for another approx. 20 trigger attempts.
LED is continuously lit yellow	The device is defective or the battery's capacity is depleted.

12.6 Signal Transmission LED Explained

LED behavior	Explanation
LED is continuously lit yellow	The trigger key has been pressed.
LED flashes yellow	Recording in the BIOMONITOR IV was not successfully triggered.
LED is continuously lit green	Recording in the BIOMONITOR IV was triggered successfully.

Chapter 13: Technical Data

13.1 Parameters

13.1.1 Atrial Fibrillation OFF. ON **AF Sensitivity** Low, Medium, High **Bigeminy Rejection** OFF, Standard, Agressive RR variability 6%, 9%, **12%**, 15%, 18% **Confirmation Time** 0.5, 1, 2, 3, 4, 5, 6, 10, 20, 30 Recording OFF, ON Transmission OFF, **ON**, Detect Only 13.1.2 Tachycardia OFF, **ON Tachy Limit** 100....(10).... **180**, 190, 200 **Tachy Count** 8, 12, **16**, 20, 24, 32, 48 Recording OFF, ON Transmission OFF, ON 13.1.3 Bradycardia

OFF, **ON** Brady zone limit 30....(5)....40....(5)....80 bpm Brady duration

5, **10**....(5)....30 seconds

Chapter 13 BIOMONITOR IV Technical Manual

Recording OFF, ON Transmission OFF, ON 13.1.4 Sudden Rate Drop (SRD) OFF, ON

SRD rate decrease (%) 20, 30 40, **50**, 60, 70

SRD Sensitivity Low, Medium, High Recording OFF, ON

Transmission OFF, ON

13.1.5 Pause Duration
OFF, ON
Pause duration
2, 3....(1)....10 seconds
Recording
OFF, ON
Transmission
OFF, ON

13.1.6 Symptom

OFF, **ON Recording** OFF, **ON Transmission** OFF, **Nightly,** On Demand

13.1.7 Resting Rate Period

Start resting period (hh:mm) 00:00, 01:00, **02:00**....(01:00)....23:00 Resting period duration (hours) 1, 2, 3, 4...(1)...12

13.1.8 Home Monitoring

OFF, **ON Time of transmission (hh:mm) Std.**; 00:00....(00:30)....23:30

13.2 Materials in Contact with Human Tissue

Device Coating: Silicone **Electrodes Coating:** Iridium

13.3 Electrical Data/Battery

NOTE: At 37° C

Parameter	BIOMONITOR IV
Power source	Li-CFx
Battery voltage at BOS	3.0 V

13.4 Mechanical Data

Model	Size	Mass	Volume
BIOMONITOR IV	77.5 x 8.6 x 4.6 mm Rigid portion 47.5 x 8.3 x 4.3 mm	4.0 g	1.9 cc Rigid portion 1.7 cc

Chapter 14: Order Information

Injectable Cardiac Monitor Type	Order Number	
BIOMONITOR IV	471155	

FCC Statement - BIOMONITOR:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 95 of the FCC Rules. This device may not interfere with stations operating in the 400.150-406.000 MHz band in the Meteorological Aids, Meteorological Satellite, and Earth Exploration Satellite Services and must accept any interference received, including interference that may cause undesired operation.

This device will be registered with the Federal Communications Commission under the following number: FCC ID: QRI-BM2610P2

FCC Statement - Remote Assistant:

USA-Federal Communication Commission Declaration of conformity of the supplier Product identification: BIOMONITOR - Activator Brand name: BIOTRONIK Model number: Remote Assistant III Standard for which conformity is declared: 47 CFR Part 15 Subpart B Responsible authority in the USA: BIOTRONIK, INC 6024 Jean Road 7035 Lake Oswego, Oregon, USA +1 800 547 0394 This device complies with part 15 of the FCC rules and regulations. The operation is subject to the following two conditions:

- 1. The device must not cause any harmful interference and
- 2. the device must be able to cope with any interference, including interference that may cause an adverse mode of operation.

Transceiver technical data:

- RF telemetry (Home Monitoring)
 - Operating frequency range: 402 ... 405 MHz
 - Max. transmission power: < 25 μW (-16 dBm)
- PGH-Telemetry
 - Operating frequency range: 9 ... 90 kHz
 - Max. field strength: < 30 dBµA/m (at 10 m)

BIOTRONIK, Inc. 6024 Jean Road Lake Oswego, OR 97035-5369 (800) 547-0394 (24-hour) (800) 291-0470 (fax) www.biotronik.com

M4235-B 07/23 © 2023 BIOTRONIK, Inc. All rights reserved. MN101r1 7/17/23

